

AAYFDT COVID-19 RISK MITIGATION GUIDELINES

Adopted from the UIL COVID-19 Risk Mitigation Guidelines as published 08/07/2020.

<https://www.uiltexas.org/policy/covid-19/2020-2021-uil-covid-19-risk-mitigation-guidelines>

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Face Masks

AAYFDT will operate pursuant to Executive Order GA-29:

“Every person in Texas shall wear a face covering over the nose and mouth when inside a commercial entity or other building or space open to the public, or when in an outdoor public space, wherever it is not feasible to maintain six feet of social distancing from another person not in the same household.”

Exceptions are provided in the order and include an exception for exercising outside.

Required Screening

AAYFDT board members and individual club members including club board members, coaches, game day volunteers, parents and siblings will self-screen for COVID-19 symptoms before participating in any AAYFDT activity. Visitors will follow the same self-screening. Parents are responsible for screening child participants. Other Symptoms are listed at the end of this section.

- If any of these non-child participant members have COVID-19 symptoms or are lab-confirmed with COVID-19, they must remain away from areas where AAYFDT activities are being conducted until they meet the criteria for re-entry as

noted below. Additionally, if they have had close contact with an individual who is lab-confirmed with COVID-19, as defined at the end of this document, they must remain away from areas where AAYFDT activities are being conducted until the 14-day incubation period has passed. Close contact is defined in this document below.

- Parents must ensure they do not send a child to participate in AAYFDT activities if the child has COVID-19 symptoms (as listed in this document) or is lab-confirmed with COVID-19 until the below conditions for re-entry are met
- Participants that develop COVID-19 symptoms will be moved to an area away from other until a parent or guardian is available to pick them up

When asking individuals if they have symptoms for COVID-19, individuals must only be required to provide a “Yes” or “No” to the overall statement that they are symptomatic for COVID-19, as opposed to asking the individual for specific symptom confirmation. Clubs are not entitled to collect information during screening on the specific health information of an individual beyond that they are symptomatic.

Should an Individual that responded “Yes” to screening questions meet the criteria for re-entry, Clubs must destroy any records indicating that a specific individual responded “Yes” to screening questions.

[Re-entry Protocol for Individuals Confirmed or Suspected with COVID-19](#)

Any individuals who themselves either: (a) are lab-confirmed to have COVID-19; or (b) experience the symptoms of COVID-19 (listed below) must not attend AAYFDT activities throughout the infection period, and cannot return to AAYFDT activities until their club screens the individual to determine that the below conditions for re-entry to AAYFDT activities have been met:

- In the case of an individual who was diagnosed with COVID-19, the individual may return to AAYFDT activities when all three of the following criteria are met:
 - at least one day (24 hours) have passed since recovery (resolution of fever without the use of fever-reducing medications)
 - the individual has improvement in symptoms (e.g., cough, shortness of breath)
 - at least ten days have passed since symptoms first appeared
- In the case of an individual who has symptoms that could be COVID-19 and who is not evaluated by a medical professional or tested for COVID-19, such individual is assumed to have COVID-19, and the individual may not return to AAYFDT activities until the individual has completed the same three-step set of criteria listed above.
- If the individual has symptoms that could be COVID-19 and wants to return to AAYFDT activities before completing the above stay at home period, the individual must either (a) obtain a medical professional’s note clearing the

individual for return based on an alternative diagnosis or (b) obtain an acute infection test that comes back negative for COVID-19.

Close Contact

This document refers to “close contact” with an individual who is lab-confirmed to have COVID-19. The definition of close contact is evolving with our understanding of COVID-19, and individual scenarios should be determined by an appropriate public health agency. In general, close contact is defined as:

- being directly exposed to infectious secretions (e.g., being coughed on); or
- being within 6 feet for a cumulative duration of 15 minutes; however, additional factors like case/contact masking (i.e., both the infectious individual and the potential close contact have been consistently and properly masked), ventilation, presence of dividers, and case symptomology may affect this determination.

Either (a) or (b) defines close contact if it occurred during the infectious period of the case, defined as two days prior to symptom onset to 10 days after symptom onset. In the case of asymptomatic individuals who are lab-confirmed with COVID-19, the infectious period is defined as two days prior to the confirming lab test and continuing for 10 days following the confirming lab test.

COVID-19 Symptoms

In evaluating whether an individual has symptoms consistent with COVID-19, consider the following question:

- Have they recently begun experiencing any of the following in a way that is not normal for them?
 - Feeling feverish
 - Temp 100° F or higher
 - Loss of taste or smell
 - Cough
 - Difficulty breathing
 - Shortness of breath
 - Fatigue
 - Headache
 - Chills
 - Sore throat
 - Congestion or runny nose
 - Shaking or exaggerated shivering
 - Significant muscle pain or ache
 - Diarrhea
 - Nausea or vomiting

Actions if Individuals with Lab-Confirmed Cases Have Participated

Any notifications will take place in accordance with applicable federal, state and local laws and regulations, including confidentiality requirements of the Health Information Privacy Act (HIPA). For any participant the name, role, or specific team (ie. Freshman, Junior etc., football or drill) will not be divulged.

- Clubs will notify the league President & Athletic Director that a lab-confirmed COVID-19 case is identified among participants.
- Clubs will notify all members of that club that a lab-confirmed COVID-19 case is identified among participants.
- If the person who is lab-confirmed to have COVID-19 participated in a contest against another club. The President, Athletic Director, and Drill Team Director of the Club will be notified.

Game Day Risk-Mitigation

In addition to screening and re-entry requirements discussed above, AAYFDT participants will follow these additional specific policies:

1. Fan and spectator areas including bleachers, stands, walkways, and other spectator areas will be at least six feet from team /group areas such as team benches or performance areas.
2. Water or other drinks will not be shared
3. Other areas used by participants, such as press box areas, should be cleaned, and disinfected prior to and after use.
4. Officials will be provided a meeting area separate from other participants
5. Pregame or pre-event meetings between teams and/or sports and contest officials will be planned to allow appropriate distancing between individuals.
6. Pregame and post-game gestures of sportsmanship will be conducted between teams and sports and contest officials in ways planned to help reduce the risk of spread of COVID-19
7. Spectators may attend games, contests, or events within a maximum 50% capacity limitation, provided that appropriate spacing between spectators is maintained according to the protocol
8. Host club will post visible signs and/or messaging stating any individuals who are confirmed to have, suspected of having, are experiencing symptoms of, or have been in close contact with an individual who has been confirmed to have COVID-19 should not enter the facility.
9. Spectators are required to wear face coverings as described in Executive Order GA-29 i.e.” wherever it is not feasible to maintain six feet of social distancing from another person not in the same household”.
10. Groups should maintain at least six feet of distance from other groups at all times, including the process of admission and seating. A group is defined as no more than 10 people including the members of the household and those persons who traveled together to the facility.